



## Get Involved in 4-H This Year!



The new year is full of possibilities to participate in fun 4-H activities! Create a poster for the annual 4-H Art Poster contest, apply for Tennessee 4-H

Congress, register for 4-H Chick Chain, start an application for Junior High Academic Conference at UTK, work on completing your 4-H portfolio, participate in a Citizenship Club service project, learn about animal care with the Vet Science club or fungi with the Gardening Club, start preparing for the 4-H Wildlife contest coming up this spring, learn about horses with the Mane Attraction Horse Club, or join the Honor Club!

## 4-H Art Poster Contest

Entries due by January 29!



2023 State Winner - Digital Poster  
by Richard Shank, Hamilton County  
4-H Robotics Club



2023 State Winner - Regular Poster  
by Eleni Martinez, North Hamilton  
County Elementary School

The annual 4-H Art Poster Contest lets youth in grades 4th-12th learn about visual communications and show off their artistic abilities! Two contests are available - a digital poster contest, and a regular poster contest - and youth can enter a poster in each of these competitions. Turn in your poster this month (by 1/29/24) by bringing your regular poster to the Extension Office or turning it in at a club meeting or by emailing your digital poster to [HamiltonCounty4H@tennessee.edu](mailto:HamiltonCounty4H@tennessee.edu) (in PDF or PNG format).

### Poster Contest Guidelines



## 4-H Congress

9th & 10th grade - Apply Now!

The 2024 Tennessee 4-H Congress will be held in Nashville and Murfreesboro, March 10-13, 2024. This is the premier leadership and citizenship program for 9th and 10th graders. Those selected to attend must submit an essay and attend the 4-H Congress Readiness Day, February 19th. If you are interested in attending, contact Nancy Rucker now or by January 19th 423-209-8560. There are limited spaces for this event.

**4-H Congress  
Information**

Photo - At last year's 4-H Congress, Hamilton County delegates Sophie Cook and John Wood met Tennessee Senator Bo Watson at his offices in Nashville

## 4-H Chick Chain

Registration now open through February 15!







Youth in grades 4th-12th can learn how to raise poultry and can then participate in poultry judging and showing through 4-H Chick Chain! Register now through 2/15/2024 - \$60 for 12 chicks. A required orientation will be held in March. Youth will pick up 12 day-old chicks in late April or early May, raise them through the spring and summer, and bring 3 hens to the Hamilton County Fair in the Fall for the 4-H Chick Chain Show and Sale. Learn more at the website of the Extension Office or by calling or visiting the Extension Office during business hours (8 a.m. to 4:30 p.m., Monday through Friday) 423-209-8560.

**Chick Chain Info and Registration**

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## 4-H Junior High Academic Conference

Grades 6th - 8th

June 11-14 at UTK

Applications due in March - Get Started Today!



4-H members in grades 6th through 8th (as of 1/1/24) can apply for 4-H Academic Conference, to be held at UTK June 11-14, 2024. Youth who are chosen as delegates for this Conference will receive extensive, hands-on training in project areas under the supervision of university scientists and specialists at the University of Tennessee at Knoxville. They will stay on campus in the UTK dorms with other 4-H youth from across the state and will be chaperoned by adult 4-H volunteer leaders. The application process includes a summary (on a Section A form) of the youth's activities to date in a particular project area.

Available project areas are Beef, Citizenship, Communication/Public Speaking, Companion Animals, Computers & Technology, Consumer Education, Creative Arts and Design, Dairy Cattle, Food Science/Dairy Foods, Forestry/Wildlife/Fisheries, Goat, Horticulture/Gardening, Horse, Nutrition/Health/Fitness, Outdoor Recreation/Shooting Sports, Performing Arts, Poultry, Sheep, or Swine.

Get started on your Section A now - these are due in March. Contact the Extension Office with questions, or for assistance in filling out the Section A - 423-209-8560 or [HamiltonCounty4H@tennessee.edu](mailto:HamiltonCounty4H@tennessee.edu)

**Download Section A to start an application**

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## 4-H Portfolios

Win Awards, Trips and Scholarships for your Project Work!



All 6<sup>th</sup> – 12<sup>th</sup> graders can submit a 4-H Portfolio for competition for either region or state (senior high) competition. At the Senior High level there are scholarships and trips as part of the awards. To start a portfolio, download the Section A, B, and C forms. For help in creating or completing your portfolio, contact the Extension Office to speak with a 4-H Agent 423-209-8560.

**Senior High (9<sup>th</sup> - 12<sup>th</sup> grades) Citizenship portfolios are due for review by January 20**

**Junior High (6<sup>th</sup> – 8<sup>th</sup> grades) Project portfolios are due for review by March 25.**

**Senior High (9<sup>th</sup> – 12<sup>th</sup> grades) portfolios are due for review by April 25.**

**Download Portfolio  
Forms**

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## **What's Going on with 4-H Clubs in January?**

Hamilton County youth in grades 4th through 12th can participate in 4-H! Join 4-H at any time - there is no cost to join. To join, complete [the online 4-H enrollment form](#). Then, come to a 4-H meeting this month!

**Join 4-H!**



## 4-H Honor Club

The 4-H Honor Club meets at the Extension Office once a month. 4-H Honor club is open to grades 5th-12th in Hamilton County. The application is easier than ever to complete, and youth can attend Honor Club meetings while working on an application! Contact the Extension office for information on the next meeting, or contact Extension Agent & County Director Nancy Rucker with questions 423-209-8560.

## 4-H Citizenship Club meets January 9 at 5:00

### 4-H Citizenship Club

Helping  
students  
become  
involved  
members of  
their  
community





The 4-H Citizenship Club meets January 9 at 5:00 p.m. This club is open to all youth in grades 4th-12th in Hamilton County. At the January meeting: Learn about 4-H Junior High Academic Conference, Chick Chain, and Tennessee 4-H Congress. Applications for all of these activities are due early in 2024. Don't forget to turn in entries for the 4-H Art Poster Contest at this meeting! Art Poster Contest rules are available at [the Extension Office website](#). Learn about the Citizenship Club's winter service project at this meeting, and plan to participate!

Citizenship Club meetings are held at the Extension Office, 5-6:30 p.m. 6183 Adamson Circle in Chattanooga, just off Bonny Oaks Drive. Questions? Call the office 423-209-8560.

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## 4-H Gardening Club meets January 29 at 4:30



The 4-H Gardening Club is studying fungi - including bread mold. Come to the



January 29 meeting to learn how to use a microscope, examine the fungi grown by club members this month, and learn more about this fascinating organism. We'll also learn how to keep food safe! Youth in Hamilton County in grades 4th-8th are welcome to participate in this club, and there is no cost. Meetings are held 4:30-6:00 p.m. at the Extension Office. Call the office with any questions 423-209-8560.

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## 4-H Veterinary Science Club meets February 1 at 6:00



Interested in animals and veterinary science? Hamilton County youth in grades 4th-12th are invited to join the 4-H Veterinary Science Club, Chattanooga Chapter. This club participates in the monthly Tennessee 4-H Virtual Vet Science Club, led by state 4-H Specialist Lynne Middleton. The club is a collaboration between Tennessee 4-H and the UTK College of Veterinary Medicine. Meetings are held the first Thursday of each month, on the 3rd floor of the Extension Office, 6183 Adamson Circle, at 6:00-7:30 p.m. There is no cost to participate, and no advance registration is needed. Questions? Call the office 423-209-8560.

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## 4-H Mane Attraction Horse Club meets February 5 at 6:30



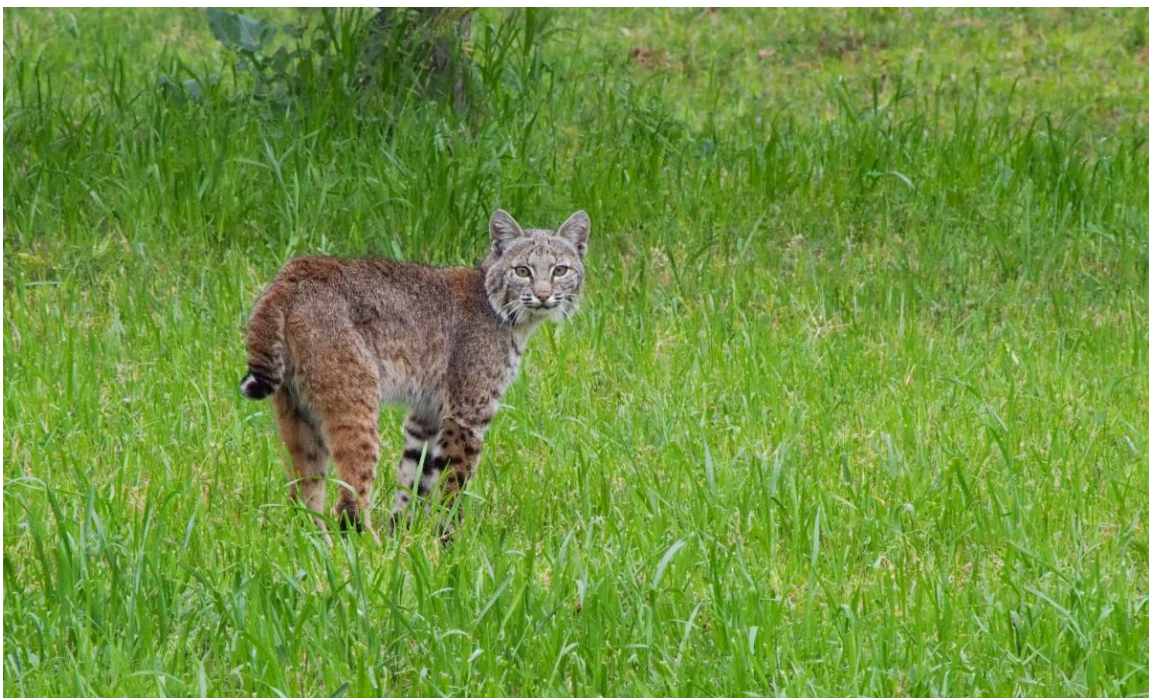
The 4-H Mane Attraction Horse Club meets on the first Monday of each month at 6:30 p.m. at Saddle Pals Riding Club in Soddy Daisy. Meetings focus on the study of horses, rather than horseback riding, and help members prepare for competitions through 4-H that test knowledge of horses. Hamilton County youth in grades 4th-12th are welcome to participate. Interested in attending the next club meeting? Call the Extension Office 423-209-8560.

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## **4-H Wildlife Program**

### **Meets Feb 13, March 19 & April 9**

### **at 6:30**



Are you interested in wildlife found in Tennessee? Come to the 4-H Wildlife

Habitat Education Program meetings February 13, March 19, and April 9 at 6:30-7:30 p.m. at the Extension Office to learn about more than 50 wild animals and their habitats. The Regional 4-H WHEP contest will be held May 10, 2024 at the UT Arboretum in Oak Ridge. Youth in grades 4th through 12th can participate in teams or individually. There is no cost to participate in this program or in the competition. Questions? [Email 4-H Agent Maria Sabin](#).

### 4-H Wildlife Study Info

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## 4-H Junior Camp

4-H Junior Camp is coming up June 10-14, 2024 at [Camp Clyde Austin](#) in Greeneville, TN! Grades 4th through 6th as of 1/1/2024 can attend this week of fun and learning. Make plans now to be there! Call the office (423-209-8560) to be added to the interest list for camp and to receive registration material by email when it becomes available. We are also looking for adult and teen (9th - 12th graders) leaders to attend.



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UT-TSU Extension - Hamilton County  
6183 Adamson Circle  
Chattanooga, TN 37416  
Phone: 423-209-8560

Office Hours: Monday through Friday, 8:00 a.m. to 4:30 p.m.

Website: [Hamilton.Tennessee.edu](https://Hamilton.Tennessee.edu)

4-H Staff:

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Programs in agriculture and natural resources, 4-H youth development, family and consumer sciences, and resource development.  
University of Tennessee Institute of Agriculture, U.S. Department of Agriculture and county governments cooperating.  
UT Extension provides equal opportunities in programs and employment.



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