

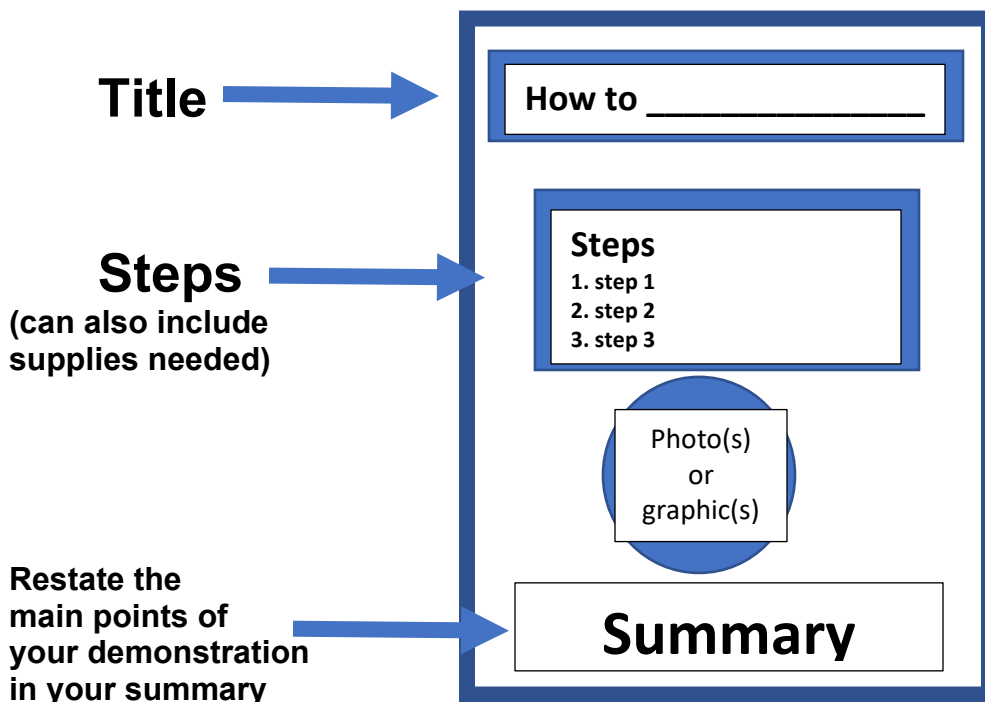


4-H Demonstrations

UT-TSU Extension
Hamilton County Office
6183 Adamson Circle, Chattanooga
(423) 209-8560
Maria Sabin, 4-H Extension Agent
msabin@tennessee.edu
Hamilton, Tennessee.edu

Steps in creating a demonstration:

1. Choose a topic that you know about or are interested in researching
2. Be sure your topic fits into one of the 4-H project areas
3. Write down the steps to follow in doing a task related to your topic. Give it a title – for example, “How to bake cookies,” or “How to make an electric circuit,” or “How to paint your bedroom,” or “How to care for your dog.”
4. You will need a board to illustrate the steps. The board can be any size and can be horizontal or vertical. On your board, you should include pictures or illustrations that help to explain the steps. You can also list supplies needed. Your board should also include a summary or conclusion of what you say in your demonstration.



5. Practice giving your demonstration within the time limit for the club contest. If you move on to the county contest, you will have more time (3-5 minutes at the county level).
6. You should include hands-on items with your demonstration, in addition to the board. These can be things that help to illustrate what you are demonstrating. For example, bring soil, a container and bean seeds to show how to plant beans. Bring ballet shoes to show how to do ballet positions. Bring a bowl and whisk to show how to mix up cookie dough.