



# FALL PREVENTION AWARENESS WEEK SEPTEMBER 20 - 24, 2021

**VIRTUAL SERIES:  
LEARN ABOUT FREE AND LOW COST  
RESOURCES TO PREVENT FALLS**

**VIRTUAL SERIES TOPICS | ALL VIDEOS WILL BEGIN AT 10 AM CST (11 AM EST)**

**20**

Stopping Elderly Accidents, Deaths and Injuries (STEADI) with Dr. Karon Uzzell-Baggett

**21**

Matter of Balance (MOB) with Dr. Lisa Washburn

**22**

Stay Active and Independent for Life (SAIL) with Elizabeth Equi

**23**

Tai Chi with June Puett

**24**

Walk Across Tennessee with Dr. Soghra Jarvandi

**Copy the link below to register for one or more  
virtual demo series above:**

[https://stateoftennessee.formstack.com/forms/fall\\_prevention\\_awareness\\_week\\_virtual\\_demonstration\\_series\\_registration](https://stateoftennessee.formstack.com/forms/fall_prevention_awareness_week_virtual_demonstration_series_registration)

This educational series is hosted by the Tennessee Fall Prevention Coalition.

