

4-H September News

Enroll in Hamilton County 4-H and have a FUN September!



4-H Mane Attraction Horse Club

Monday, September 6 at 6:30 p.m. at Saddle Pals Riding Club in Soddy Daisy. If you love horses or find veterinary science fascinating, join the Horse Club! You do not need to own a horse to participate. This club meets on the first Monday of each month. To join, enroll in 4-H, then contact the Horse Club's Volunteer

Leader, Adam Presley (423-595-5409).

4-H Photography Project Group

Saturday, September 11 at 10 a.m. at Smith-Perry Berries Farm in Ooltewah. Take some great photos at the picturesque Smith-Perry Berries Farm while you learn about photography with Michelle Bettis. This club meets once a month on a Saturday morning. To join, enroll in 4-H, then contact the Extension office by noon on September 10 to let us know you will be at the meeting: Call the office (423-855-6113) or email HamiltonCounty4H@tennessee.edu.

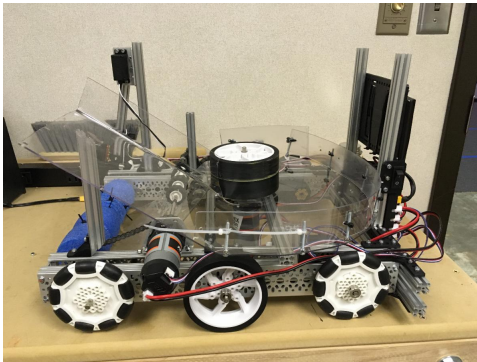


4-H Gardening Club

Tuesday, September 14 at 4:30 p.m. at the Extension Office (6183 Adamson Circle, Chattanooga). Grades 4th-8th use the Junior Master Gardener Curriculum to learn about plants, insects, soil health and more in this group led by Hamilton County Master Gardeners. Art projects

and getting outside in the gardens at the Ag Center are a part of each meeting.

photo - 4-H Gardening Club members learned about honeybees at the August meeting with Dr. Elise Chapman of UTC and the Tennessee Valley Beekeepers Association



4-H Gear Grinders FTC Robotics

Thursdays at 5:30 p.m. at Gestamp, Chattanooga. Grades 7th-12th meet weekly to design, build and test a team robot and prepare for FTC competitions. Meetings are held on Thursdays at 5:30-7:30 p.m. and led by mentors. To join - or attend a meeting and find out more - enroll in 4-H and contact Extension Agent Maria Sabin

(423-855-6113) or email msabin@tnstate.edu. The kickoff and game reveal for the 2021-2022 season is September 18.

Health, Nutrition & Fitness Project Group

Tuesday, September 14 at 4:30 p.m. at the Extension Office (6183 Adamson Circle). 4-H Health, Nutrition and Fitness Project Group led by 4-H Health Ambassadors Logan Johnson and Desha Wilkins. Get involved in the Move Around the Region program through this new group, with information from Extension Agent June Puett. This group focuses on fun outdoor activities with other kids and learning how to stay healthy. Call the Extension office (423-855-6113) by noon on Monday, September 13 if you plan to attend this meeting so we can have supplies ready.



4-H Archery Club

Registration open through October 1 for the 2021-2022 season. Space is limited, and registration will close when the club is full. Grades 4th-12th. Bow divisions for 4-H include Genesis, recurve and open compound. Club recurve and Genesis bows are available for club members to use in the fall. Practices

are held twice a month at Chester Frost Park and are led by volunteer leaders. Find out more at [the Extension website](#) or by calling the office (423-855-6113).

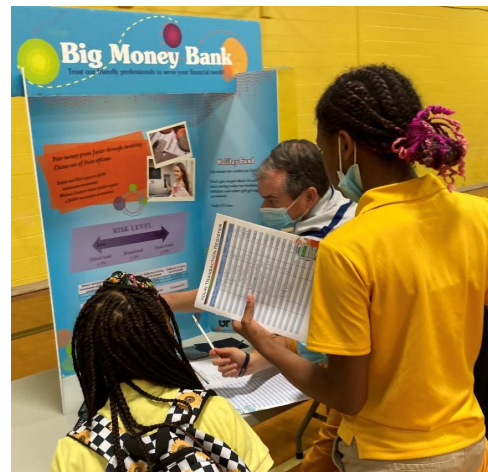


4-H Judging Teams

Do you know how to decipher nutrition labels on foods, determine recommended activity levels for different ages, or choose the best ground transportation when traveling? Join 4-H Judging Teams! Life Skills (for junior high) and Consumer Decision Making (for senior high) judging teams are meeting now to learn about these project areas and then compete in the 4-H Life Skills and Consumer Decision Making contests on September 18 at Jefferson County Patriot Academy in Dandridge. Study meetings are held online, at the Extension office, or at other locations. For more information, call the office (423-855-6113) or email Extension Agent Maria Sabin at msabin@tennessee.edu

On My Own

Hamilton County 4-H presented the On My Own financial education program at Orchard Knob Middle School last week. This program lets junior and senior high students see what it would be like to be 26 years old, with an occupation, family, and income. Students find out what it costs to get through a month and see how their decisions on education and life choices can affect their future. For information on having On My Own at your school or youth program, contact the Extension Office (423-855-6113).



74th Tennessee 4-H Congress

Tennessee 4-H Congress was held August 15-18 in Murfreesboro and Nashville. Since its beginning in 1948, Congress has given more than 35,000 4-H'ers and volunteer leaders firsthand experience in state government.

4-H Congress is truly a citizenship experience. In addition to experiencing life in the state capital, youth in senior high learn about civic engagement, including things such as state government, service to others and the election process.

Four Hamilton County 4-H'ers attended Congress this year. Caroline Burns competed in the Public Speaking contest at Congress this year and won 4th place in the state. Desha Wilkins was selected as State 4-H office ambassador. Logan Johnson and Drew Johnson served as senators during the event. Both participated in the Know Your Government portion of the program and participated in hands-on learning about how a bill is passed during the session in the Tennessee Senate chambers. They even had the opportunity to join a Zoom with Tennessee Senator Bo Watson to discuss what they were doing at Congress and his role as a legislator. Mandi Johnson served as a volunteer leader at the event.



Logan and Drew Johnson in the Tennessee Senate chambers during 2021 4-H Congress



Logan Johnson, Drew Johnson, and Desha Wilkins at the 2021 Congress Banquet



Caroline Burns competed in the Public Speaking contest at 4-H Congress and won 4th place in the state

4-H Roundup

Senior high youth from across Tennessee went to University of Tennessee at Martin for the 2021 4-H Roundup. During the week they completed for college scholarships, 4-H scholarships and trips, participated in service projects, took a college tour at UT-Martin, participated in the Tennessee 4-H All Star Council meeting, attended the awards banquet, toured Discover Park and Heritage Park and participated in social activities.

Those from Hamilton County include delegates Desha Wilkins and Drew Johnson and adult leader Leiah Wilkins. Desha won the Level 2 Nutrition Health and Fitness project area and received a silver bowl, a one-thousand dollar scholarship and trip to National 4-H Congress to be held in Atlanta, Georgia. During the last evening of Roundup she spoke during the Tennessee 4-H Council installation of officers as she completed her term on the council and was inducted into Vol State, the highest recognition level in Tennessee 4-H.

Drew competed in the Level 2 Communications and Public Speaking project

competition. He and Leah were part of the Vol State Ceremony during Roundup. Leah is a past Vol State recipient. 4-H Roundup is open to youth in grades 9th – 12th who are All Star members or finalists in a 4-H project area.



Desha and Drew preparing for State Council installation and Vol State Ceremony



Nutrition Health and Fitness state project winners and donors at 4-H Roundup. Desha Wilkins of Hamilton County, Level 2 winner, is second from left.



Drew and Desha on competition day at 4-H Roundup



4-H Honor Club Spotlight

Congratulations to Beau Duvall, Hamilton County 4-H youth. He is the newest member of the Tennessee 4-H Honor Club. Beau is a member of the 4-H Mane Attraction Horse Club.

Visit the Extension
Office Website



Visit the state 4-H website for information on all 26 4-H projects

UT/TSU Extension Hamilton County
6183 Adamson Circle, Chattanooga, TN 37416
Phone: (423) 855-6113
Website: Hamilton.Tennessee.edu
Office Hours: Monday through Friday 8 a.m. - 4:30 p.m.

4-H Staff:

Nancy Rucker, Extension Agent and County Director
Nrucker@tennessee.edu

Maria Sabin, Extension Agent
Msabin@tennessee.edu

Programs in agriculture and natural resources, 4-H youth development,
family and consumer sciences, and resource development.
University of Tennessee Institute of Agriculture, U.S. Department of Agriculture
and county governments cooperating.
UT Extension provides equal opportunities in programs and employment.

