

March 4-H Update

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Office Website



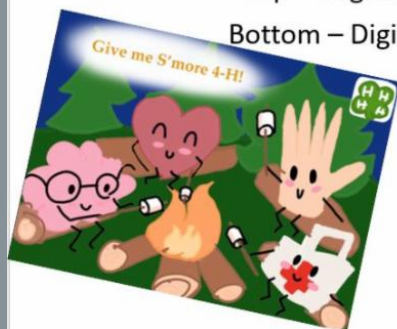
2021 4-H ART POSTER CONTEST WINNERS!



Congratulations! Winning posters moving on to the Regional Contest

Top – Regular 4-H Poster Contest Overall County winners

Bottom – Digital 4-H Poster Contest Overall County winners



Congratulations to all of the winners and to everyone who entered this year's 4-H Art Poster Competition!

County Overall Winners - Entries sent to the Regional Contest:

Regular contest - Matt Ghazi, Brinley Underwood, Tagan Kennedy (Hixson Elementary School)

Digital contest - Sophie Cook (4-H Archery Club), Lila Bettis (Chick Chain), Hannah Carter (Wildlife Project Group).

Winners at the County Contest by grade level:

4th grade: Regular contest - 1st place - Matt Ghazi, Brinley Underwood and Tagan Kennedy (Hixson Elementary); 2nd place - Bailey Smith (Hixson Elementary); 3rd place - Bryce Calbaugh (Hixson Elementary). Digital contest - 1st place - Derrick Holloway (Hixson Elementary).

5th grade: Regular contest - 1st place - Aubrey Dunn (Soddy Elementary); 2nd place -

Aliya Jenkins (Soddy Elementary), 3rd place - Kevin Lawrence (4-H Archery Club).

6th grade: Digital contest - 1st place - Lila Bettis (Chick Chain).

7th grade: Regular contest - 1st place - Gracie Sikes (Homeschool Club); 2nd place - Chloe Smith (Homeschool Club); 3rd place - Carter Johnson (4-H Archery Club). Digital contest - 1st place - Sophie Cook (4-H Archery Club).

8th grade: Regular contest - 1st place - Ella McKelvey (4-H Archery Club). Digital contest - 1st place - Hannah Carter (Wildlife Project Group); 2nd place - Elinor Ringheimer (4-H Archery Club).

9th grade: Regular contest - 1st place - Isaiah Ruffner (Skyuka Hall); 2nd place - Halle Hall (Skyuka Hall).

10th grade: Regular contest - 1st place - Peter Marshall (Skyuka Hall) Digital contest - 1st place - Tobias Ringheimer (4-H Archery Club).

It's March Extension Month!

March is Extension Month in Tennessee. Extension is a national educational program supported by USDA through the nation's land-grant universities and administered with funding from state and local governments. In Hamilton County, both University of Tennessee Extension and Tennessee State University Cooperative Extension



provide programming to the citizens of Hamilton County. You can find programs for youth and adults in the area of Agriculture, Family and Consumer Sciences and 4-H Youth Development. Extension agents provide educational programming throughout the year.

In the area of Agriculture, you can seek out information about becoming a UT Master Gardener, take a class, participate in lunch and learn sessions, have your soil tested, insect identified, disease of plant identified, get recommendations for your home garden, yard or farm.

Family and Consumer Sciences programming includes the areas of family, food, home, health, and money. You can find ways to preserve foods, manage chronic conditions, take a Tai Chi class, choose healthier foods, learn cooking skills, gain knowledge about moving more and stretch your food dollars.

4-H Youth Development in Tennessee is open to all 4th – 12th grade youth. Agents focus on programming related to workforce preparation including public speaking, decision making, teamwork, communications, healthy lifestyles, citizenship and leadership. There are clubs in schools, community clubs and project groups, along with youth competing on judging teams. Opportunities are also available for camping, service learning, recognition and trips on the state, region and national levels. New additions include wildlife, robotics and horticulture programs. Plans are being made to have a Junior Master Gardener program in the county.

To find out more, [visit the county website hamilton.tennessee.edu](http://hamilton.tennessee.edu) or call 423-855-6113.

Extension Month Photo Contest

Send in your entries for the UT/TSU Extension Hamilton County Photo Contest! Photos are due by 4 p.m. on March 31, 2021. Students in grades 4th - 12th may enter the Youth Division in six categories:

- a. People
- b. Places
- c. Animals/Insects/Reptiles
- d. Plants/Flowers/Trees
- e. Human interest
- f. Historical or Other (could be a combination of any of the above)

This contest is also open to adults. See below for entry information.



Gracie Sikes' photo, "Lavender in South Dakota," won in last year's youth division in the Plants and Flowers category.

[Click here for complete photo contest information](#)

4-H Day Camp is coming this summer!

4-H will hold day camps in Hamilton County this summer. Dates are TBD. Be on the email list for details as they become available by calling the Extension Office (423-855-6113) or emailing HamiltonCounty4H@tennessee.edu

4-H Green Thumb Gardening Club

Grades 4th-8th can learn about plant growth, soil health, insects and more in a fun, hands-on kids' gardening program using the Junior Master Gardener Curriculum through 4-H. Meetings will be held this spring and summer. The first meeting is April 22 - Earth Day! Sign up or get more information by emailing Extension Agent Maria Sabin (msabin@tennessee.edu)



Tennessee 4-H Honeybee Essay Contest

Essays are due by March 15. The topic for this year's essay is ***Immunity: Threats to Bee Colonies and Methods to Defend Against the Threats***. More information on the essay contest is available at the Tennessee 4-H [project page for beekeeping and entomology](#).



Image by Pollydot from Pixabay

4-H Virtual Game Night

Sign up [here](#) for the 4-H Virtual Game Night on **March 13** at 6:30-8:00 p.m. There is no cost to participate. Grades 4th-12th. Sponsored by the Hamilton County 4-H Honor Club.

Students in grades 5th - 12th in Hamilton County can attend 4-H Honor Club meetings and join the 4-H Honor Club. Meetings are held on the first Thursday of each month at 6 p.m. on zoom. Contact Nancy Rucker (nrucker@tennessee.edu) to be sent the zoom link for the March 4 meeting.



Piggy Bank Pageant



Past winner Hamilton County 4-H Piggy Bank Pageant Ansley Johnson

Entries are due to the UT/TSU Extension Hamilton County office **by March 29, 2021**. Email photos of your bank (be sure to show how money is put in and taken out, as well as your name, grade, school, and parent email address) to HamiltonCounty4H@tennessee.edu. The top piggy banks in 3rd grade, 4th grade, 5th grade, 6th-8th grade, and 9th-12th grade will each be awarded a \$25 cash prize and will be sent on to the state contest.

[Read the complete contest rules at the Extension Office website before entering this contest](#)

4-H SERVICE PROJECT - HUMANE SOCIETY FOOD & SUPPLIES DRIVE

Spring is puppy and kitten time at the Humane Society. 4-H club members and their families can help the Humane Society in its mission to provide safe homes for homeless, abused and neglected animals by bringing donations to club meetings or by bringing items to the Extension Office in March. Items needed this month include:

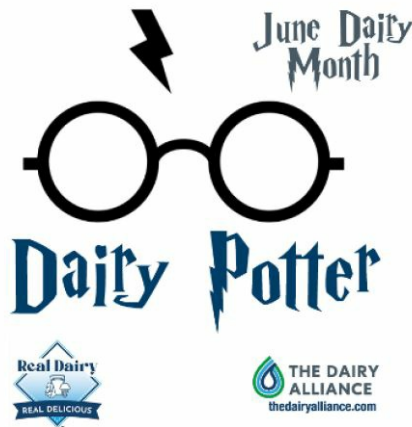
1. Towels and small fleece blankets



2. Canned chicken, canned tuna, and canned salmon
3. Chicken and turkey baby food for foster puppies and kittens (should not contain garlic)

image by Gerhard G. from Pixabay

Dairy Poster Contest



Entries are due to the UT/TSU Extension Hamilton County office **by April 1, 2021**. Entries can be digitally created (save as a jpg and email to HamiltonCounty4H@tennessee.edu by April 1) or created on 14 x 22 posterboard and turned in to the Extension office by the deadline. **Entries must focus on this year's theme: Dairy Potter: Real Dairy, Real Delicious**

Every 4-H'er entering the contest will receive dairy-themed "goodies," including pencils and bracelets. The County winner will receive a t-shirt with this year's theme. State winners will receive \$550 (1st place), \$300 (2nd place) and \$200 (3rd place). Winning posters will be in the possession of the Dairy Alliance for one year to use for display and promotional purposes and then will be returned to the students.

4-H Horse Judging

The 4-H Horse Judging contest is coming up in April. Virtual practices are being held now in Hamilton County for grades 4th-12th.

If you are interested in participating, please contact 4-H Horse Club Volunteer Leader Adam Presley (adampresley383@gmail.com) or Extension Agent and County Director Nancy Rucker at nrucker@tennessee.edu, or call the Extension Office at 423-855-6113.



image by Rebecca Schonbrodt-Ruhl from Pixabay

Demonstrations & Interactive Exhibits Contest

Coming soon for grades 4th-8th. Videos of club winners in the demonstration and interactive exhibits contest are due **by April 16** to HamiltonCounty4H@tennessee.edu. Now is the time to start practicing your demonstration or exhibit! Guidelines available at [the Extension Office website](#).

4-H Portfolio - A Resume of Your 4-H Experience!

4-H Portfolios give 4-H club members the opportunity to show what they have done in the 4-H project area of their choice. Entering the portfolio contest makes the 4-H'er eligible for awards, scholarships, and events. Find out more about creating your 4-H portfolio by contacting Extension Agent and County Director Nancy Rucker (nrucker@tennessee.edu or 423-855-6113).

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Programs in agriculture and natural resources, 4-H youth development, family and consumer sciences, and resource development.
University of Tennessee Institute of Agriculture, U.S. Department of Agriculture and county governments cooperating.
UT Extension provides equal opportunities in programs and employment.

