



4-H Hamilton County Update August 2020

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4-H Life Skills and Consumer Decision Making Contests

Meeting Tuesday, July 28 at 4 p.m. (online)

Learn about the Life Skills (for grades 6-9) and Consumer Decision Making (grades 10-12) contests. These fun contests are coming up in September, and teams are forming now! Topics for this year's competitions:

Life skills: counting change correctly, food safety, dealing with difficult toddler behavior, and reduce/ reuse/recycle. Competition will be held online.

Consumer Decision Making: Shop wisely for wearable tech (pedometers, smart watches, headphones, etc) and activewear, learn the rules of place settings, and find out how to effectively fundraise.

First study meeting: Tuesday, July 28, 4 p.m., Zoom. Call the office (423-855-6113) for more information or to be sent a link for the meeting.



Visit the UT & TSU Extension—Hamilton County website: Hamilton.Tennessee.edu



Summer Sidewalk Chalk Design Contest Entries due August 6

Calling all artists! Create a sidewalk chalk design and send in a photo (email to msabin@tennessee.edu) by August 6. You can learn how to make sidewalk chalk at home (using egg shells) at the Extension office Youtube page (<u>https://tiny.utk.edu/6udlK</u> or search for UT & TSU Extension—Hamilton County on Youtube). You can also use other sidewalk chalk. Winners will be announced August 10. Including a 4-H clover in your design is great but is not required. Winning designs will be posted on social media.



Robotics

Grades 7-12. Hamilton County 4-H is planning to offer a First Tech Challenge (FTC) robotics program this coming school year. An informational meeting will be held online on Thursday, July 30 at 4 p.m. Read more about FTC robotics at https://www.firstinspires.org/ robotics/ftc

For more information or a link to the meeting, please contact TSU Extension Agent Maria Sabin at msabin@tennessee.edu

Desha Wilkins selected to serve on SRTLC committee

Desha is serving on the Southern Region Teen Leadership Conference (SRTLC) Planning Committee. This conference is open to current 9th – 12th graders. The conference this year will be virtual. It includes youth



from Florida, Georgia, Kentucky and other southern states.

The Southern Region Teen Leadership Conference is a firstof-its-kind, multistate 4-H conference created to bring together 4-H teens and adults to empower and inspire them to make a positive change across the Southern Region through youth-adult partnerships. Started in 2005, this conference was designed by 4-H members at the National 4-H Conference in order to strengthen the leadership abilities and create ties of friendship and partnership among youth in the southern United States.

Today, this conference brings together more than 400 youth annually who share information about their state, their 4-H



programs, and who work to improve their leadership and learn effective methods of developing youth-adult partnerships.

More information will be out soon with dates and cost of this conference. If interested, contact Nancy Rucker

Hamilton Homeschoolers 4-H Club

A traditional 4-H Club offering activities to youth in grades 4th-12th, including public speaking, demonstrations or interactive exhibits, art poster contest, Clover Bowl (team trivia contest), and the Dairy poster contest.



Club members choose a project area to focus on during the year, and they are welcome to also participate in additional 4-H activities. Games and fun are part of every meeting!

Next club meeting: Tuesday, September 15 at 11 a.m. online (Zoom) OR 2 p.m. at Chester Frost Park. Call/email Maria Sabin (msabin@tennessee.edu) for the zoom link to attend the virtual meeting or to reserve a spot at the inperson meeting at Chester Frost Park. Space at in-person meetings is limited.

> UT & TSU Extension—Hamilton County follows the CDC guidelines for face-to-face meetings. For the safety of all 4-H'ers and staff, all attendees at 4-H activities and events must wear a mask, take temperature, and practice social distancing.

> If you have questions about the above, please contact the office (423-855-6113) at least 24 hours prior to attending a 4-H event or meeting.

4-H Citizenship Club of Hamilton County

Meetings of the 4-H Citizenship Club will be held online this year. The first meeting for the school year is Thursday, August 27 at 3:00 p.m.

This club is open to all Hamilton County residents in grades 4th through 12th. For a link to the meeting, contact 4-H Agent Maria Sabin (msabin@tennessee.edu) or call the Extension office (423-855-6113).

Citizenship Club meetings focus on project areas of interest to the club members. Past club meetings have included companion animal presentations, a wildlife study project group, learning about the U.S. government, and electricity project work.





Interested in 4-H Archery? The first meeting and practice for the 2020-2021 season will be

Saturday, October 10. Two practices will be held, and signing up in advance for the practice you will attend is required.

We are taking contact information for those interested in participating in the 4-H Archery Club in the 2020-2021 school year. Contact the Extension office (423-855-6113) to be added to the contact list and receive registration materials. Grades 4th-12th. All practices are held outside.

The Hamilton County 4-H Archery Club needs additional coaches and a volunteer leader. Background check is required.



<u>4-H Mane Attraction Horse</u> <u>Club</u>

The 4-H Mane Attraction Horse Club meets on the first Monday of each month in Soddy Daisy. You do not need to own a horse to participate. The first club meeting for 2020-2021 is Monday, September 7 at 6:30 p.m.

Hippology study meetings start in October. Call or email 4-H Horse Club Volunteer Leader Adam Presley for more information (423-595-5409/adampresley383@gmail.com).

For more information on Hamilton County 4-H or to get the 4-H monthly update by email, call the Extension Office (423-855-6113) or email the 4-H staff:

Nancy Rucker, Extension Agent and County Director nrucker@tennessee.edu Maria Sabin—msabin@tennessee.edu Gabrielle Younginer— GY@utk.edu

Programs in agriculture and natural resources, 4-H youth development, family and consumer sciences, and resource development. University of Tennessee Institute of Agriculture, U.S. Department of Agriculture and county governments cooperating. UT Extension provides equal opportunities in programs and employment.